Action Research Cycle

(based on McNiff and Whitehead 2009)

What are your responsibilities here, and who to?

To undertake ethical research for the protection and safety of participants, and the university. This includes risk assessment where appropriate, appropriate data protection, and the protection of intellectual properties.

Step 1: Identify

Unsustainable costume realization practices in student work leading to a last-minute panic, student stress, unethical purchasing, material waste, and lost potential critical thinking through making.

What social justice issue(s) is/are at stake?

Continued contribution to damaging, patriarchal, colonial, fast fashion cycles, which are harmful to the environment.

Devaluing of the materials, work and skills required for costume and garment production, contributing the continued undervaluing of costume as a practice.

Step 5: Reflect

I will use a staff interview, and the rest of the data to observe the impact of these changes, and consider potential future research cycles

Step 5

Review and reflect upon the changes. Repeat cycle if necessary

Step 1

Define the problem and frame research questions

Step 2

Collect data

and decide

how teaching could be changed

Step 2: Plan

Review current support methods in place. Investigate ways to support more sustainable practice through the design of small-scale speculative interventions, which I can then collect data on, redesign, and implement.

Step 4

Monitor and evaluate the changes made The action research cycle

Step 4: Observe

Collect data, synthesize and evaluate – tbc through observation, questionnaires, interactive displays to measure effectiveness.

Step 3

Implement the selected changes to teaching

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Step 3: Act

Instigate
interventions that
receive the best
responses, alter
them, and take them
forwards

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